

Live your best life

DIABETES WELLNESS SERIES

we're in this together



TAKE ACTION

with practical tips for healthy eating, self-managing and personal activity

FIND CONNECTION

with others living with diabetes and a specialized team of health care professionals

4 classes/no cost

canada games centre boardroom

MONDAYS

*october 16, 23, 30
november 6*

from 6pm-8pm

TO REGISTER:

Please call the Canada Games Centre at 668-8360 or online at www.whitehorse.ca/alg
register by October 5, 2017

www.hss.gov.yk.ca/ccsp.php

Yukon
Health and Social Services

 yukon
hospitals


Whitehorse